



Predeparture Orientation for International Experiences Online Resources

Required and Highly Suggested Tools	
<p>Academic Health Center’s Health and Safety Pre-Departure Orientation</p> <ul style="list-style-type: none"> • Online Module; Less than 1 hour • Authors: Many at the UMN • Outline: <ul style="list-style-type: none"> ○ Section 1 - Preparation and Planning ○ Section 2 - Best Practices ○ Section 3 - Disaster or Have a Plan ○ Section 4 – Culture Shock ○ Takeaway 	<p>Completion of this module is required by the UMN</p> <ul style="list-style-type: none"> • To get credit for completion, access it through your school’s travel management system if you have one (e.g., SPH Field Experience Contract, GMER elective module, etc.) • If you don’t have a travel management system, access the module as part of your checklist from the UMN International Travel Registry • Otherwise you may access via the link and code below, but completion will NOT be logged in the above systems. <ul style="list-style-type: none"> ○ AHC Health & Safety Pre-Departure Orientation ○ Enrollment key: Orientation
<p><u>How NOT to save the world: Why U.S. students who go to poor countries to ‘do good’ often do the opposite</u></p> <ul style="list-style-type: none"> • Article in Washington Post 	<ul style="list-style-type: none"> • Short article that introduces some ethical consideration of global health student experiences
<p><u>Ethical Challenges in Short-Term Global Health Training</u></p> <ul style="list-style-type: none"> • Online Module • Outline: Developing Cultural Understanding, Ensuring Personal Safety, Selecting a Research Project, and Understanding Informed Consent • From Stanford University & Johns Hopkins University 	<ul style="list-style-type: none"> • Series of ten cases to introduce ethical issues that may arise during short-term training experiences abroad. • Easy to skip ahead if that particular case doesn’t feel applicable to you.
<p><u>Global Ambassadors for Patient Safety (GAPS)</u></p> <ul style="list-style-type: none"> • Online Module; 20 min • Created by the U of M Health Career Center • Outline: Benefits of a Global Learning Experience; Finding an Appropriate GH Experience; Choosing the Program that Fits your Needs; Preparing to Learn; Learning Ethically While Abroad; Applying what you Learn; Global Ambassadors Patient Safety Oath 	<ul style="list-style-type: none"> • Pick the sections most applicable to your stage of planning or traveling.
<p><u>Culture: The Original Vital sign</u></p> <ul style="list-style-type: none"> • Online Module; 50 minutes • From the Global Child Health Educational • Topics: Culture, culture shock, cultural humility, respectful use of social media 	<ul style="list-style-type: none"> • This is an engaging module that is an online version of the in-person presentation given by Mike Pitt at the face-to-face AHC Orientation. • Although the stated audience seems very narrow, don’t let that turn you away! The points made are universal, not clinical. Can easily skip ahead if you don’t relate to an example.

Additional Optional Resources	
<p>Global Health and Pre-travel Preparation</p> <p>Video and slides Audio and slides</p> <ul style="list-style-type: none"> • Online Video; 38 min • By Brett Hendel-Paterson, UMN Medical School Department of Medicine • Focus is on Health and Safety: <ul style="list-style-type: none"> ○ Global Health service work overview ○ Preparing and planning (at 04:45) ○ Behavioral Preparation for Travel (at 16:00) ○ Travelers Diarrhea in Depth (at 22:00) 	<p>Recorded for College of Vet Med Predeparture Orientation.</p> <p>Try to check out the “Behavioral preparation for travel” at 16:00:</p> <ul style="list-style-type: none"> • Don't get HIT • Don't get BIT • Don't get LIT • Don't do IT • Don't eat ... fecal matter
<p>First, Do No Harm: A Qualitative Research Documentary</p> <ul style="list-style-type: none"> • Online video; 45 minutes • Explores the ethics of global health clinical electives and volunteer projects in developing regions. It features interviews from experts and global health providers from Europe, Africa, Asia, North and South America. 	<p>It does talk a lot about Medical Students, but many universal principles that are broadly applicable.</p>
<p>Ethics and Photography in Developing Countries</p> <ul style="list-style-type: none"> • Online document • By Unite for Site • Resource to help think through ethical considerations of taking photos in developing countries 	<p>Read this if you plan to take photos.</p>
<p>They Come in the Name of Helping: A call for Respect and Humility</p> <ul style="list-style-type: none"> • Video; 23 minutes • Documentary about global development that interviews people (often college/graduate students) on their observations of western organizations coming into Sierra Leon to “help” 	
<p>Practitioner's Guide to Global Health</p> <ul style="list-style-type: none"> • Series of Online modules • Effort let by Gabrielle A. Jacquet, Boston University in collaboration with global health experts from around the world • Outline <ul style="list-style-type: none"> ○ Part 1: The Big Picture – Why do you want to have a global health experience? When? Where? ○ Part 2 – Preparation on the Ground – Logistics and Planning ○ Part 3: Reflection – Reverse Culture Shock, reflection, and next steps 	<ul style="list-style-type: none"> • A very extensive course. • Must register to access modules
Other sources of information	
<ul style="list-style-type: none"> • Center for Global Health and Social Responsibility (CGHSR) – Travel • GPS Alliance – Travel 	